EDUCATION ABROAD IN KINESIOLOGY

WHAT'S NEXT?

- Take the Education Abroad Workshop
- To discuss program options, make an appointment online with an education abroad advisor according to your country or region of interest.

International Studies Office
208 Minor Hall
studyabroad@virginia.edu
educationabroad.virginia.edu

Interested in other disciplines? Explore additional major advising sheets online at http://educationabroad.virginia.edu/your-major

BENEFITS OF AN INTERNATIONAL EXPERIENCE

Approaches to sports and exercise science vary around the world. By studying abroad, you’ll have the opportunity to engage with international faculty and learn different perspectives on Kinesiology while earning credit toward your major or toward general education requirements. Many programs offer internships in a variety of settings, allowing you to expand your professional network and gain practical experience.

ACADEMIC & TIMING CONSIDERATIONS

Due to curriculum sequencing, you should plan early and work closely with your advisor when considering education abroad. Optimal times for studying abroad occur during the third and fourth year when Kinesiology students are fulfilling their major electives. You should complete Introduction to Kinesiology before studying abroad. Students need to meet with the program chair to have courses approved on a case-by-case basis. Students who are pursuing a health professional school after UVA should also meet with a University Career Services health-profession advisor.

For Kinesiology major or minor course approvals, contact:
Arthur Weltman | alw2v@virginia.edu | (434)-924-6191
Memorial Gym 204
STUDENT TESTIMONIAL

I spent the spring of my third year studying abroad in Dublin, Ireland and it was the most amazing semester of my life. Studying at University College Dublin (UCD) gave me the opportunity to engage in different fields of study than I normally did at UVA. Taking humanities classes, like Modern Irish History, Irish Archaeology and even Gaelic, was a welcome break from the monotony of health-related and science classes, and it gave me a new perspective and insight into a different culture. In addition to immersing myself in Irish culture, I was also able to scope out potential graduate programs in Ireland, so I can continue traveling and exploring after I finish my undergraduate degree. Although I had to shuffle around my class schedule at UVA in order to study abroad, I would do it all again in a heartbeat if it meant that I could go back to Ireland and see the amazing friends I met there (and still keep in contact with!), and explore not only Ireland but other countries throughout Europe. Sláinte!

-Megan Brosnan, University College Dublin